

# SPA



## Le Coucou

MÉRIBEL

464 route du Belvédère, 75 550 LES ALLUES  
+ 33 4 57 58 37 37 [spa@lecoucoumeribel.com](mailto:spa@lecoucoumeribel.com)  
From your room, dial 46 for the Spa



## A SANCTUARY OF SERENITY, SUSPENDED BETWEEN SKY AND SNOW



Nestled in the heart of the Alps, high above Méribel, the spa at Hôtel Le Coucou is a true haven of tranquility. Surrounded by majestic peaks and bathed in natural light, it offers a soothing escape where one can fully unwind, far from the bustle of everyday life.



The atmosphere is both refined and inviting: light wood, natural stone, and expansive picture windows open onto a breathtaking snowy panorama. Heated indoor and outdoor pools, a sauna, a hammam, and a fitness room make up this sanctuary designed for the harmony of body and mind.

---

SPA OPEN DAILY FROM 10 A.M. TO 8 P.M.

---

# SOMMAIRE



THE SPA & TATA HARPER	6
THE SPA & LÉONOR GREYL	9
BODY TREATMENTS	11
BODY TREATMENTS X TATA HARPER	12
BODY TREATMENTS X TALM	13
HOLISTIC COACH	14
TOGETHER MOMENT	15
HAND CARE	16
FITNESS ROOM	17
BEAUTY TREATMENTS	18



## SPA Access

The Spa at Le Coucou is a haven of well-being at altitude. Perfect after several days on the slopes or simply to indulge in a moment of relaxation, it features a heated indoor and outdoor pool, sauna, hammam, and jacuzzi — all set within a serene Alpine environment.

### SPA ACCESS OPTIONS

With any treatment booking of at least one hour, unlimited access to the spa facilities is complimentary for external guests, from 10 a.m. to 4 p.m.

For access to the spa facilities without a treatment, the rate is €100 per person for unlimited use between 10 a.m. and 4 p.m.

## Tata Harper

A pioneering brand in the world of natural beauty, it perfectly embodies the balance between efficacy, luxury, and purity.

Founded by Tata Harper herself, a visionary woman driven by a passion for health and well-being, this skincare line revitalizes and deeply nourishes the skin.

What sets it apart is its commitment to genuine, uncompromising beauty: no synthetic ingredients, no chemical preservatives, just the pure power of plants, expertly studied and bottled.

The textures, delicately natural fragrances, and visible results make each treatment a unique sensorial ritual. Respect for the skin and the environment come together to offer authentic and lasting beauty.



# Hand Care Ritual

Manucurist, with its innovative and eco-friendly formulas, offers a captivating palette of colors, full of life and lightness. Inspired by the purity of natural ingredients, these products envelop the hands in infinite softness, revealing nails that are beautifully enhanced and radiantly healthy.



## MANICURE

WITH CLASSIC OR SEMI-PERMANENT POLISH

90 MIN - 100€

Nail shaping - Cuticle care - Exfoliation - Cream application



## PEDICURE

WITH CLASSIC OR SEMI-PERMANENT POLISH

90 MIN - 110€

Nail shaping - Cuticle care - Exfoliation - Cream application

## FOOT SCRUB TREATMENT

50€

As an add-on to your pedicure, this professional exfoliating treatment is designed to remove surface cells and soften the skin of the feet.

The Gel Bottle is a brand that transforms the art of manicure into a unique sensory experience, blending innovation and elegance. These semi-permanent polishes, with vibrant intensity and radiant shine, caress the nail like a second skin, delivering deep, long-lasting colors.



## CLASSIC POLISH APPLICATION

X MANUCURIST

20 MIN - 30€

## SEMI-PERMANENT POLISH APPLICATION

X TGB

30 MIN - 40€

## REMOVAL OF SEMI-PERMANENT POLISH

45 MIN - 35€



## MANICURE OR PEDICURE FOR MEN

45 MIN - 90€

Nail shaping - Cuticle care - Exfoliation - Cream application

# Aesthetic Treatments

EPILATIONS		EYE CARE TREATMENTS	
Eyebrows – Lips – Chin	40	Eyebrow Tint	50
Underarms	50	Eyelash Tint	50
Half Legs – Arms	65		
Full Legs	80		
Bikini			
Classic	50		
Full	80		
Back – Chest	85		

## CANCELLATION POLICY

All cancellations or changes to treatments must be made at least 24 hours in advance; otherwise, the full amount of the treatment will be charged. For any reservations made less than 24 hours in advance, the full amount will be charged at the time of booking and is non-refundable in case of absence or cancellation. All reservations must be guaranteed with prepayment.

## RESERVATION

The Spa is open daily from 10:00 AM to 8:00 PM during the season. Treatments are available to non-resident guests. To fully enjoy your experience, we recommend arriving at the Spa reception a few minutes prior to your appointment. Please note that late arrivals may result in a reduced treatment time in order to honor subsequent bookings.

Additional charges may apply for treatments outside of regular opening hours.

## ATTIRE

For your comfort, bath towels, a robe, and slippers will be provided. Proper sports attire and shoes are required to access the fitness room.

## THE JOY OF GIVING

Gift vouchers are available for purchase at the Spa. They are non-refundable and valid exclusively during the season.

MAISONS HÔTELS  
DE FAMILLE PARIENTE



PROVENCE



SAINT-TROPEZ



MÉRIBEL



PARIS

[www.maisonspariente.com](http://www.maisonspariente.com)