

SPA



Le Coucou

MÉRIBEL

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From your room, dial 46 for the Spa



A SANCTUARY OF SERENITY, SUSPENDED BETWEEN SKY AND SNOW



Nestled in the heart of the Alps, high above Méribel, the spa at Hôtel Le Coucou is a true haven of tranquility. Surrounded by majestic peaks and bathed in natural light, it offers a soothing escape where one can fully unwind, far from the bustle of everyday life.



The atmosphere is both refined and inviting: light wood, natural stone, and expansive picture windows open onto a breathtaking snowy panorama. Heated indoor and outdoor pools, a sauna, a hammam, and a fitness room make up this sanctuary designed for the harmony of body and mind.

SPA OPEN DAILY FROM 10 A.M. TO 8 P.M.

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SPA Access

The Spa at Le Coucou is a haven of well-being at altitude. Perfect after several days on the slopes or simply to indulge in a moment of relaxation, it features a heated indoor and outdoor pool, sauna, hammam, and jacuzzi — all set within a serene Alpine environment.

SPA ACCESS OPTIONS

With any treatment booking of at least one hour, unlimited access to the spa facilities is complimentary for external guests, from 10 a.m. to 4 p.m.

For access to the spa facilities without a treatment, the rate is €100 per person for unlimited use between 10 a.m. and 4 p.m.

Tata Harper

A pioneering brand in the world of natural beauty, it perfectly embodies the balance between efficacy, luxury, and purity.

Founded by Tata Harper herself, a visionary woman driven by a passion for health and well-being, this skincare line revitalizes and deeply nourishes the skin.

What sets it apart is its commitment to genuine, uncompromising beauty: no synthetic ingredients, no chemical preservatives, just the pure power of plants, expertly studied and bottled.

The textures, delicately natural fragrances, and visible results make each treatment a unique sensorial ritual. Respect for the skin and the environment come together to offer authentic and lasting beauty.





Facial Rituals

x TATA HARPER



THE COMPLEX FACE MASSAGE

Created by Tata Harper exclusively for Maisons Pariente, this energizing facial ritual reawakens the skin's vitality. Through expert movements, it smooths, plumps, and illuminates the complexion, revealing a naturally radiant glow.



QUENCH & COCOON

Indulge your skin in deep hydration with this revitalizing facial ritual. A delicate honey cleanse, paired with a sculpting and contouring massage, envelops the skin in nourishment and restores its luminous, healthy glow.



SOOTH & REST

A soothing and calming ritual designed for sensitive or irritated skin, helping to restore the skin's natural defenses. Using the Gua Sha technique, this treatment gently stimulates lymphatic drainage to release facial tension and leave the skin radiant and relaxed.

Specially adapted, it is also safe and nurturing for expectant mothers.

60 MIN - 205€
90 MIN - 295€

ILLUMINATE & ENERGIZE

Using a natural acid peel, this treatment instantly brightens and refines the skin. To complete the ritual, a targeted oxygenating massage helps repair and strengthen the skin's balance, leaving it revitalized and radiant.



BALANCE & GROUND

Treat your skin to a bespoke ritual, tailored to its unique needs. Every movement is a true beauty ritual, combining purity and precision to reveal natural radiance and unparalleled softness.



CLEAR SKIN & MIND

The synergy of manual techniques and carefully selected facial products enhances the skin's natural detoxification system, while maintaining long-lasting hydration and a clear, radiant complexion.



60 MIN - 205€

90 MIN - 295€





Head spa

x LÉONOR GREYL

The Head Spa combines expert massage techniques with natural ingredients from Léonor Greyl to offer a complete hair revival. Your scalp is purified, nourished, and revitalized, while your hair regains strength, shine, and softness. Immerse yourself in a soothing mist of steam, surrender to the harmonious movements of the massage, and feel serenity wash over you. By the end of this experience, your hair is transformed, your mind is calm, and your body feels fully rejuvenated.



Léonor Greyl embodies the subtle art of hair beauty, a gentle symphony where elegance meets nature. It is an invitation to rediscover the essence of healthy hair, through formulas that respect the hair while blending luxury and simplicity. Every gesture becomes a ritual, and every bottle promises deep, refined care. Hair is no longer just maintained—it is nurtured, elevated, and gloriously transformed.



EXPERT RITUAL LÉONOR GREYL

60 MIN - 250€

Following a meticulous analysis of your hair, our experts will provide a bespoke treatment, carefully attending to both the scalp and lengths, all while enveloping you in a soothing, gentle massage.

Please allow an additional 30 minutes should you opt for natural drying. Blow-dry available at an additional cost and upon reservation only.



CANCELLATION POLICY

All cancellations or changes to treatments must be made at least 24 hours in advance; otherwise, the full amount of the treatment will be charged. For any reservations made less than 24 hours in advance, the full amount will be charged at the time of booking and is non-refundable in case of absence or cancellation. All reservations must be guaranteed with prepayment.

RESERVATION

The Spa is open daily from 10:00 AM to 8:00 PM during the season. Treatments are available to non-resident guests. To fully enjoy your experience, we recommend arriving at the Spa reception a few minutes prior to your appointment. Please note that late arrivals may result in a reduced treatment time in order to honor subsequent bookings.

Additional charges may apply for treatments outside of regular opening hours.

ATTIRE

For your comfort, bath towels, a robe, and slippers will be provided. Proper sports attire and shoes are required to access the fitness room.

THE JOY OF GIVING

Gift vouchers are available for purchase at the Spa. They are non-refundable and valid exclusively during the season.

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